

Please be river ready by your meet up time.

CHILI BAR EXPRESS

MEET UP TIME: 9:30AM MEET UP LOCATION: Camp Lotus, 5461 Bassi Rd., Lotus, Ca

	GENERAL INFORMATION Itart time: 9:30AM			VIDEO PACKAGES AVAILABLE	
	ind time: ~2:00PM Class level: 3				
g A	Best for: first timers, athletic first timers, families, yo groups, corporate groups, everyone! Age required: 7+ Lunch included: no		RIVER READY	NO THANK YOU	
			close-toed shoes	flip-flops	
<i>IT</i> 0	INERARY Meet at Camp Lotus at 9:30AM		sunscreen	towels	
Ó	Check in with Lead Guide		water	valuables	
	Shuttle up the river canyon to put-in Get outfitted with lifejackets (PFDs), helmets, &	& paddles			
	Safety talk	UPPE	R SOUTH FORK	put in — meatgrinder (III+) racehorse bend (III)	
X	Paddle talk	AM	ERICAN RIVER		
٢	Practice paddles strokes with your guide		r triple threat	rock garden (II) at (III) african queen (II+)	
C	Enjoy an exciting day with lunch on the river	old scary (troublemaker (III+)	mini gorge (II)	(+)
Ø.	Return to Camp Lotus between 1PM - 2PM		— take out Camp		
0	Look at/purchase photos		Lotus		

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